



# Asking for HELP



I can be a good Self Advocate.

1. I need help, please.



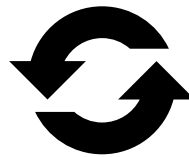
2. I don't understand.



3. Can you show me?



4. Can you please repeat?



5. I need more time, please.



6. Can you say it in a different way?



7. Can I have a choice?

